



Updated Quarantine Guidance for Individuals Fully Vaccinated Against COVID-19

The Oklahoma State Department of Health (OSDH) is providing updated quarantine guidance for individuals fully vaccinated against COVID-19. **This guidance only applies to the general public, businesses, schools, and childcare settings.** Settings with specific regulatory requirements, such as hospitals, long-term care facilities, and other medical providers, should continue to follow original CDC quarantine guidelines until changes are directed or accepted by the regulatory agencies. *Quarantine guidance is subject to change, as additional information becomes available about COVID-19 vaccines.*

Updated Guidance: Individuals 14 or more days after COVID-19 vaccine completion will NOT be required to quarantine after an exposure to COVID-19. See Example scenario below.

Exposure to COVID-19 and NOT fully vaccinated against COVID-19:
<u>Quarantine</u> and <u>get tested</u> between 5 – 7 days from the last date of exposure or if you develop COVID-19 symptoms.

Exposure to COVID-19 and fully vaccinated against COVID-19:	
< 14 days after vaccine completion	≥ 14 days after vaccine completion
<u>Quarantine</u> and <u>get tested</u> as stated above.	You do NOT need to quarantine. However, if you develop symptoms of COVID-19, immediately isolate and get evaluated by a healthcare provider.

Example scenario:

<i>Date of Vaccine Completion</i>	→	<i>Date Quarantine Exception Begins</i>
February 1 st	≥ 14 Days	February 15 th

Regardless of prior infection or vaccination status, any person with new or unexplained symptoms of COVID-19 should self-isolate immediately and be evaluated for COVID-19 testing.



It remains possible for fully vaccinated or previously infected people to acquire asymptomatic SARS-CoV-2 infection or even develop symptomatic COVID-19 illness. There are also new COVID-19 strains circulating in the U.S. and abroad. It is unknown yet if fully vaccinated or previously infected people will be completely protected from these new strains. Therefore, fully vaccinated or previously infected individuals should continue to practice known protective and prevention measures for COVID-19 transmission.

Remember the three W's:

- 1) Wear a mask while around people outside your immediate household.
- 2) Wash your hands frequently.
- 3) Watch your distance (practice social distancing, staying at least 6 feet away) while around people outside your immediate household.